FIRST SUNDAY OF LENT PARISH BULLETIN, 6TH MARCH 2022

No one lives on bread alone,

but on every word that comes from the mouth of God.

WYONG CATHOLIC PARISH ST CECILIA'S CHURCH & ST JOHN FISHER MASS CTR Under the Pastoral Care of the Society of Our Lady of The Most Holy Trinity (SOLT)

VISION The wyong Catholic Parish is a welcoming, caring dynamic community MISSION STATEMENT we will live and proclaim the message of the Gospel : Engage, Participate, Reach out and Transform



REFLECTION 6th March 2022 GOSPEL LUKE 4:1-13

Reproduced from God's Word 2022: Daily Reflections, published by St Pauls Publications, Strathfield

Later in our Eucharistic celebration we will pray, "Father ... lead us not into temptation. It is a plea that our loving God will strengthen and support us in the trials that inevitably confront us in our efforts to live faithful lives in accordance with God's will for his creation. In this, as in all matters related to our spiritual growth, Jesus, who was 'tempted in every way that we are, though he is without sin' (Hebrews 4:15), is our exemplar. 'Learn from me,' he says, 'and you will find rest for your souls' (Matthew 11:29-30). The dramatic account of Jesus' encounter with Satan (the adversary) occurs in all three Synoptic Gospels. It is an appropriate reading with which to introduce the penitential season of Lent. The temptations that Jesus faced at the beginning of his public ministry relate to three issues that lie at the heart of the discord and division that bedevil contemporary society our self-centred attitudes to power, property and prestige-an unholy trinity that claims the worship of so many people. The ominous words which conclude today's reading a reminder that the tempter is still destructively active among us and that we should be on our guard.

St Barnabas Church Yarramalong

Mass will be celebrated at St Barnabas Church, Yarramalong Sunday 6th March at 11.15am. All are welcome.

Anointing of the Sick Friday 4th March

Anointing of the Sick First Friday of the Month St Cecilia's During 8.00am &11.30am Mass St John Fisher During 9.15am Mass

Sacramental Program

The Sacramental Program for 2022 will be commencing in March.

For more information regarding the sacraments please call Jo on 0424 763 734

Safeguarding Message

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or Joanne. The contact details are on the back to the Bulletin

PARISH MEETING DATES St Cecilia's Parish Hall

Baptism Preparation 5th March 10.00am

Parish Pastoral Council 8th March 6pm

Secondary Catechist Training St Cecilia's Meeting Room 8th March 1pm

Listening and dialogue session 9th March 5.30pm St Peter's Campus 11th March 10.30am Parish Hall

Social Justice 15th March 1pm

Catechist Meeting 16th May 10.30am



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The Pastoral Discernment Central Coast project has been launched. As part of phase 2 of the project, Parishioners and interested members of the community are warmly invited to join us for a parish listening and dialogue session. There will be two of these sessions, one during the day and one of an evening. We would especially welcome families and young people to add their voice to the conversation.

Our Parish community's listening and dialogue session is on

Wednesday 9th March 5.30pm at St Peter's Campus Tuggerah

and

Friday 11th March 10.30am at Parish Hall 23 Byron Street Wyong.

We want to hear from you on how our parish community can give God thanks for the way in which the Spirit is at work in the life of our parish, and to consider new possibilities for both the growth and future of the region. Please consider joining us!

If you can't make either of the sessions, visit

www.bbcatholic.org.au/pdcc<http://www.bbcatholic.org.au/pdcc> to submit your individual submission for consideration.

To assist with catering, can we ask that you please RSVP by 7th March to Jo in the parish office 0424 763 734.

Project Compassion Sunday

Caritas Australia has been able to support vulnerable communities around the world to tackle poverty, foodsecurity, education, water and sanitation and disaster risk reduction. Project Compassion 2022 reminds us that the good that we do today will extend and impact the lives of generations to come to build better future for all.

As St Pope John Paul II said,

"The future starts today, not tomorrow."



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FIRST SUNDAY OF LENT 6th March 2022 THE LITURGY OF THE WORD Reproduced from Liturgia

FIRST READING DEUTERONOMY 26:4-10

Moses said to the people: 'The priest shall take the pannier from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

RESPONSORIAL PSALM PS 90:1-2, 10-15

R. Be with me, Lord, when I am in trouble.

SECOND READING ROMANS 10:8-13

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

GOSPEL ACCLAMATION MATTHEW 4:4

Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL LUKE 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him, 'throw yourself down from here, for Scripture says:

He will put his angels in charge of you to guard you, and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him to return at the appointed time.



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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong Saturday Vigil / Sunday Mass Times Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass Mon-Sat: 8.00am

Reconciliation/Confession Saturday morning after the 8am Mass & Saturday at 4.30pm

Emergency Priest Contact

Fr Raul ph: 0450 115 099 Fr Alex ph: 0432 947 245

PARISH OFFICE 23 Byron Street Wyong Phone: 4352 1011 Po Box 385 Wyong 2259 OFFICE HOURS: Mon to Thurs 9.30am to 2.30pm & Fri 9.30am to 12pm

PARISH CONTACTS

Parish Priest Fr Raul Balute, SOLT ph:0450 115 099 email: frraul_solt@yahoo.com

Assistant Priest Fr Alex Barnedo, SOLT ph:0432 947 245

Parish Coordinator **Jo Helm** ph: **0424** 763 734 (Mon, Tues, Wed & Fri) email: **jo.helm@bbcatholic.org.au**

Parish Secretary Helen Bath ph:4352 1011 (Wed & Thurs)

PARISH EMAIL: wyongparish@bbcatholic.org.au **PARISH WEBSITE:** https://www.bbcatholic.org.au/wyong/ **FACEBOOK:** www.facebook.com/wyongcatholicparish



KEEP US IN YOUR PRAYERS *Prayer: The most valuable gift you can give someone.*

SICK: Len Miller, Harriet Powell, Danae Roe, Peter Ford, Harry Hall, Michael Briggs, Christine Heffernan, Jennese Thompson, Leeann Hazelton, Bernadette Kiely, Steve Durnford, Ann Durnford, Maureen Mulheron, Angela Watts, William Martin, Terence (Ted) Dafter, Finn McConnon, Margaret Hobbs, Christine, John Baxter, Jacqui Stacey, Josie Campbell, Carol Dafter, Dave Rodney, Gwen Dwyer, Helen Waters, Rod & Pauline Cornwell, Marie & Peter Rheinberger, Hannah Hopwood, Fay King, Joan Mabbutt, Irene Dainty, Kevin Barry.

Recently Deceased:

ANNIVERSARY FEBRUARY: Reg Preston, Fr Tito Ayo, SOLT,

ST JOHN FISHER MASS CENTRE Hicks Lane Tumbi Umbi Saturday Vigil / Sunday Mass Timos

Saturday Vigil / Sunday Mass Times Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am Reconciliation/Confession Saturday at 4.30pm

> Anointing of the Sick First Friday of the Month St Cecilia's During 8.00am &11.30am Mass St John Fisher During 9.15am Mass

St Barnabas, Yarramalong 1st Sun of month 11.15am

Eucharistic Adoration St Cecilia's Daily 7am-8am **St John Fisher** 1st Fri 8.15 - 9.15am

Devotion to Our Lady of Perpetual Help Sat St Cecilia's & Wed St John Fisher (after the 8am Mass)

Devotion to the Divine Mercy St Cecilia's Fri after the 8am Mass **St John Fisher** Fri after the 9:15am Mass

Fr Raul/Fr Alex and the Legion of Mary **visit Berkley Vale Nursing home** 3rd Wednesday of the Month

Children's Liturgy St Cecilia's 5pm Mass Saturday St John Fisher 5pm Mass Sunday

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy **St Cecilia's** Legion of Mary 9am Wed

Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting PPC Secretary; Kerry Bugden ph 4388 2938

BAPTISMS, WEDDINGS AND FUNERALS Please call the parish office

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Vox Episcopi 2 March 2022

My dear brothers and sisters in Christ,

We began our annual Lenten journey this week with Ash Wednesday and the distribution of ashes which are a sign of repentance from sin.

The liturgical practice of applying ashes on one's forehead goes back as far as the eighth century, and while they symbolise penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts.

Lent is a time of prayer, fasting and almsgiving – often called the three pillars of Lent. It also reminds us of the 40 days Jesus spent in the desert praying and fasting, and leads us to Jesus' death and resurrection.

This is as time when we can put our souls before a mirror and see who we really are; when we recognise and own our fragility; when we can reflect and refocus on our lives and make sure we are not in any way being deflected from love of God and neighbour.

Lent allows us to give more time to prayer and build our personal relationship with God. We all have busy lives in different ways but a life without prayer is a life without the joy of the presence of God.

Fasting is one of the oldest practices linked to Lent. An imitation of Jesus Christ's fasting in the wilderness before He began His public ministry, it is the most solemn period of fasting on the Church's calendar, leading to the celebration of our most important feast, Easter.

We give up some comforts or adopt particular spiritual practices, spend time in self-examination, resolve to repent from sin but ultimately this is the time for spiritual renewal and spiritual growth.

Almsgiving is a very ancient charitable practice, and while we should always consider the suffering and needs of others, Lent encourages us to do more than just consider.

One of the central lessons of the cross is compassion, and making the needs of other people our own, sharing our material goods. Contributing to an appeal for the poor or persecuted is true Christian charity.

We don't have to look far to see the recent desperate situations of people both here and abroad. This past week the heartbreaking devastation unleashed by unprecedented rain and floods, the loss of life and homes, has been heartbreaking.

And on the other side of the world the invasion of Ukraine, the targeting of civilian buildings, and an escalating death toll.

We have a great deal to pray for during these turbulent times.

Now more than ever, I encourage you to reconnect with the Body of Christ during this Lenten season, and reflect upon your spiritual pilgrimage as individuals and a community as we prepare for the glorious celebration of Easter.

With my prayers and blessing,

+Anthony